

INDIRA GANDHI NATIONAL OPEN UNIVERSITY

NAME OF STUDY/PROGRAMME STUDY CENTRE Govt. College of Nursing, Jaipur Code: 2316P

Schedule of Counseling Practical

Post Basic Bachelor of Science in Nursing IInd Year

w.e.f. 09.01.2023 to 24.01.2023

Subject: Mental Health Nursing BNS 108-24hrs. BNSL 108- 120hrs

Day & Date	Time	Activities	Name of Counselors	Theory
				5pm-7pm
09.01.2023 Monday	8 AM -12 Noon	Collect the history of patient with psychotic disorders	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	Mr. Amar kumar
	1 PM 5 PM	Collect the history of patient with neurotic disorders	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	
10.1.2023 Tuesday	8 AM -12 Noon	Mental status examination of two patients Paranoid schizophrenia	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	Mr. Pradeep Sharma
	1 PM 5 PM	Mental status examination of two patients: Mania	Mr. Pradeep Sharma Mr. Mrs. Aruna d Das Mrs. Shelly Kapoor	
11.01.2023 Wednesday	8 AM -12 Noon	Mental status examination of two Depression patients	Mr. Pradeep Sharma Mr. Mrs. Aruna d Das Mrs. Shelly Kapoor	Mr. Keshav Verma
	1 PM 5 PM	Mental status examination of two patients: OCN and Conversion reaction	Mr. Pradeep Sharma Mr. Mrs. Aruna d Das Mrs. Shelly Kapoor	
12.01.2023 Thursday	8 AM -12 Noon	Interact with patients, do process	Mr. Pradeep Sharma Mrs. Aruna d Das	Mr. Keshav Verma

		recording Select the	Mrs. Shelly Kapoor	
		_	, 1	
		patients from 5.		
		Conversion reaction		
		6. Drug abuse		
	1 PM	Interact with	Mr. Pradeep Sharma	
	5 PM	patients,do process	Mrs. Aruna d Das Mrs. Shelly Kapoor	
		recording Select the		
		patients from 6. Drug		
		abuse		
13.01.2023	8 AM -12	Interact with	Mrs. Aruna d Das	Mr. Pradeep Sharma
Friday	Noon	patients, do process	Mr. Keshav Verma	
		recording Select the	Mr. Amar kumar	
		patients from Drug		
		abuse		
	1 PM	Mental status	Mrs. Aruna d Das	
	5 PM	examination of two	Mr. Keshav Verma	
		patients: Paranoid	Mr. Amar kumar	
		schizophrenia		
15.01.2023	8 AM -12	Mental status	Mrs. Aruna d Das	Mr. Pradeep Sharma
Sunday	Noon	examination of two	Mr. Keshav Verma	
		patients: Paranoid	Mr. Amar kumar	
		schizophrenia		
	1 PM	Mental status	Mrs. Aruna d Das	
	5 PM	examination of two	Mr. Keshav Verma	
		patients: Mania	Mr. Amar	
16.01.2023	8 AM -12	Mental status	Mrs. Aruna d Das	Mr. Keshav Verma
Monday	Noon	examination of two	Mr. Keshav Verma	
			Mr. Amar kumar	
	100	patients Depression	N 4 18	
	1 PM 5 PM	Mental status	Mrs. Aruna d Das Mr. Keshav Verma	
	J I IVI	examination of two	Mr. Amar	
		patients Depression		

17.01.2023	8 AM -12	Plan nursing care	Mrs. Aruna d Das	Mrs. Shelly kapoor
Tuesday	Noon		Mr. Keshav Verma	misi sileny mapoor
		based on short term	Mr. Amar kumar	
		and long term goal		
		Evaluate effective		
		ness of nursing care		
	1 PM	Plan nursing care	Mrs. Aruna d Das	
	5 PM	based on short term	Mr. Keshav Verma Mr. Amar	
		and long term goal		
		Evaluate effective		
		ness of nursing care		
18.01.2023	8 AM -12	Carry out following	Mrs. Aruna d Das	Mrs. Shelly kapoor
Wednesday	Noon	activities on 1.	Mr. Keshav Verma Mr. Amar	
		Patients undergoing	Mr. Amar	
		ECT 2. Preparation of		
		ECT trolly		
	1 PM	Carry out following	Mrs. Aruna d Das	
	5 PM	activities on Patients	Mr. Keshav Verma	
		undergoing ECT 2.	Mr. Amar	
		Preparation of ECT		
		trolly 3. Explanation		
		to relatives and		
		patients 4.		
		Preparation of		
		patients for ECT 5.		
		Care of patient during		
19.01.2023	8 AM -12	Carry out following	Mrs. Aruna d Das	Mrs. Aruna d Das
Thursday	Noon	activities Explanation	Mr. Keshav Verma	
		to relatives and	Mr. Amar kumar	
		patients 4.		
		Preparation of		
		patients for ECT 5.		
		Care of patient during		

	1 PM	Community following	Mrs. Aruna d Das	
	5 PM	Carry out following	Mr. Keshav Verma	
		activities Explanation	Mr. Amar kumar	
		to relatives and		
		patients 4.		
		Preparation of		
		patients for ECT 5.		
		Care of patient during		
20.01.2023	8 AM -12	Carry out following	Mr. Pradeep Sharma	Mrs. Aruna d Das
Friday	Noon	activities Explanation	Mrs. Aruna d Das Mrs. Shelly Kapoor	
		to relatives and	Mis. Sheny Rupoor	
		patients 4.		
		Preparation of		
		patients for ECT 5.		
		Care of patient during		
	1 PM	Carry out following	Mr. Pradeep Sharma	
	5 PM activities on Patients	Mrs. Aruna d Das		
		undergoing ECT 2.	Mrs. Shelly Kapoor	
		Preparation of ECT		
		trolly 3. Explanation		
		to relatives and		
		patients 4.		
		Preparation of		
		patients for ECT 5.		
		Care of patient during		
21.01.2023	8 AM -12	Carry out following	Mr. Pradeep Sharma	Mr. Pradeep Sharma
Saturday	Noon activities on Patients	Mrs. Aruna d Das		
		undergoing ECT 2.	Mrs. Shelly Kapoor	
		Preparation of ECT		
		trolly 3. Explanation		
		to relatives and		
		patients 4.		
		Preparation of		
		1		

		patients for ECT 5.	
		Care of patient during	
	1 PM	Carry out following	Mr. Pradeep Sharma
	5 PM	activities on Patients	Mrs. Aruna d Das Mrs. Shelly Kapoor
		undergoing ECT 2.	Wils. Sheny Kapooi
		Preparation of ECT	
		trolly 3. Explanation	
		to relatives and	
		patients 4.	
		Preparation of	
		patients for ECT 5.	
		Care of patient during	
22.01.2023	8 AM -	Carry out following	Mr. Pradeep Sharma
Sunday	12 Noon	activities on Patients	Mrs. Aruna d Das Mrs. Shelly Kapoor
		undergoing ECT 2.	Wis. Sieny Kapooi
		Preparation of ECT	
		trolly 3. Explanation	
		to relatives and	
		patients 4.	
		Preparation of	
		patients for ECT 5.	
		Care of patient during	
	1 PM -5 PM	Carry out following	Mr. Pradeep Sharma
		activities on Patients	Mrs. Aruna d Das Mrs. Shelly Kapoor
		undergoing ECT 2.	Mis. Sheny Kapool
		Preparation of ECT	
		trolly 3. Explanation	
		to relatives and	
		patients 4.	
		Preparation of	
		patients for ECT 5.	

		Care of patient during	
23.01.2023 Monday	8 AM - 12 Noon	Maintaining post ECT chart 6.Select a patient from psychiatric ward and record the nurses notes	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor
	1 PM -5 PM	Maintaining post ECT chart 6.Select a patient from psychiatric ward and record the nurses notes	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor
24.01.2023 Tuesday	8 AM - 12 Noon	Maintaining post ECT chart 6.Select a patient from psychiatric ward and record the nurses notes	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar
	1 PM -5PM	Maintaining post ECT chart 6.Select a patient from psychiatric ward and record the nurses notes	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar
24.01.2023 Tuesday	Practical Examination 5PM- 7PM		