



**INDIRA GANDHI NATIONAL OPEN UNIVERSITY**

NAME OF STUDY/PROGRAMME STUDY CENTRE

Govt. College of Nursing, Jaipur Code: 2316P

Schedule of Counseling Practical

Post Basic Bachelor of Science in Nursing II<sup>nd</sup> Year

w.e.f. 09.01.2023 to 24.01.2023

Subject: Mental Health Nursing BNS 108-24hrs. BNSL 108- 120hrs

Day & Date	Time	Activities	Name of Counselors	Theory 5pm-7pm
09.01.2023 Monday	8 AM -12 Noon	Collect the history of patient with psychotic disorders	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	Mr. Amar kumar
	1 PM 5 PM	Collect the history of patient with neurotic disorders	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	
10.1.2023 Tuesday	8 AM -12 Noon	Mental status examination of two patients Paranoid schizophrenia	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	Mr. Pradeep Sharma
	1 PM 5 PM	Mental status examination of two patients: Mania	Mr. Pradeep Sharma Mr. Mrs. Aruna d Das Mrs. Shelly Kapoor	
11.01.2023 Wednesday	8 AM -12 Noon	Mental status examination of two Depression patients	Mr. Pradeep Sharma Mr. Mrs. Aruna d Das Mrs. Shelly Kapoor	Mr. Keshav Verma
	1 PM 5 PM	Mental status examination of two patients: OCN and Conversion reaction	Mr. Pradeep Sharma Mr. Mrs. Aruna d Das Mrs. Shelly Kapoor	
12.01.2023 Thursday	8 AM -12 Noon	Interact with patients,do process	Mr. Pradeep Sharma Mrs. Aruna d Das	Mr. Keshav Verma

		recording Select the patients from 5. Conversion reaction 6. Drug abuse	Mrs. Shelly Kapoor	
	1 PM 5 PM	Interact with patients,do process recording Select the patients from 6. Drug abuse	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	
13.01.2023 Friday	8 AM -12 Noon	Interact with patients,do process recording Select the patients from Drug abuse	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar	Mr. Pradeep Sharma
	1 PM 5 PM	Mental status examination of two patients: Paranoid schizophrenia	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar	
15.01.2023 Sunday	8 AM -12 Noon	Mental status examination of two patients: Paranoid schizophrenia	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar	Mr. Pradeep Sharma
	1 PM 5 PM	Mental status examination of two patients: Mania	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar	
16.01.2023 Monday	8 AM -12 Noon	Mental status examination of two patients Depression	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar	Mr. Keshav Verma
	1 PM 5 PM	Mental status examination of two patients Depression	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar	

17.01.2023 Tuesday	8 AM -12 Noon	Plan nursing care based on short term and long term goal Evaluate effectiveness of nursing care	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar	Mrs. Shelly Kapoor
	1 PM 5 PM	Plan nursing care based on short term and long term goal Evaluate effectiveness of nursing care	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar	
18.01.2023 Wednesday	8 AM -12 Noon	Carry out following activities on 1. Patients undergoing ECT 2. Preparation of ECT trolley	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar	Mrs. Shelly Kapoor
	1 PM 5 PM	Carry out following activities on Patients undergoing ECT 2. Preparation of ECT trolley 3. Explanation to relatives and patients 4. Preparation of patients for ECT 5. Care of patient during	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar	
19.01.2023 Thursday	8 AM -12 Noon	Carry out following activities Explanation to relatives and patients 4. Preparation of patients for ECT 5. Care of patient during	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar	Mrs. Aruna d Das

	1 PM 5 PM	Carry out following activities Explanation to relatives and patients 4. Preparation of patients for ECT 5. Care of patient during	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar	
20.01.2023 Friday	8 AM -12 Noon	Carry out following activities Explanation to relatives and patients 4. Preparation of patients for ECT 5. Care of patient during	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	Mrs. Aruna d Das
	1 PM 5 PM	Carry out following activities on Patients undergoing ECT 2. Preparation of ECT trolley 3. Explanation to relatives and patients 4. Preparation of patients for ECT 5. Care of patient during	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	
21.01.2023 Saturday	8 AM -12 Noon	Carry out following activities on Patients undergoing ECT 2. Preparation of ECT trolley 3. Explanation to relatives and patients 4. Preparation of	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	Mr. Pradeep Sharma

		patients for ECT 5. Care of patient during		
	1 PM 5 PM	Carry out following activities on Patients undergoing ECT 2. Preparation of ECT trolley 3. Explanation to relatives and patients 4. Preparation of patients for ECT 5. Care of patient during	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	
22.01.2023 Sunday	8 AM - 12 Noon	Carry out following activities on Patients undergoing ECT 2. Preparation of ECT trolley 3. Explanation to relatives and patients 4. Preparation of patients for ECT 5. Care of patient during	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	
	1 PM -5 PM	Carry out following activities on Patients undergoing ECT 2. Preparation of ECT trolley 3. Explanation to relatives and patients 4. Preparation of patients for ECT 5.	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	

		Care of patient during		
23.01.2023 Monday	8 AM - 12 Noon	Maintaining post ECT chart 6. Select a patient from psychiatric ward and record the nurses notes	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	
	1 PM -5 PM	Maintaining post ECT chart 6. Select a patient from psychiatric ward and record the nurses notes	Mr. Pradeep Sharma Mrs. Aruna d Das Mrs. Shelly Kapoor	
24.01.2023 Tuesday	8 AM - 12 Noon	Maintaining post ECT chart 6. Select a patient from psychiatric ward and record the nurses notes	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar	
	1 PM -5PM	Maintaining post ECT chart 6. Select a patient from psychiatric ward and record the nurses notes	Mrs. Aruna d Das Mr. Keshav Verma Mr. Amar kumar	
24.01.2023 Tuesday	Practical Examination 5PM- 7PM			